Integrins participate in these processes by responding and transiting/inflammatory response. Increasing evidence suggests that growth, differentiation, cell motility, hemostasis, and the immune response in diminished cell signaling. The data suggest that deposition of a multilayered fibrinogen matrix prevents higher adhesion forces. Consistent with their distinct physical properties, low- but not high-density fibrinogen induced strong $\alpha_{IIb}\beta_3$-mediated outside-in signaling in platelets, resulting in their spreading. Moreover, while intact fibrin gels induced strong signaling in platelets, deposition of fibrinogen on the surface of fibrin resulted in diminished cell signaling. The data suggest that deposition of a multilayered fibrinogen matrix prevents stable cell adhesion by modifying the physical properties of surfaces, which results in reduced force generation and insufficient signaling. The mechanism whereby circulating fibrinogen alters adhesive properties of fibrin clots may have important implications for control of thrombus formation and thrombogenicity of biomaterials.

Integrins comprise a family of noncovalently associated $\alpha\beta$ heterodimeric cell surface receptors that mediate adhesive interactions with the extracellular matrix and other cells. By providing a physical link between the cytoskeleton and the surrounding matrix, integrins regulate a diverse range of processes including growth, differentiation, cell motility, hemostasis, and the immune/inflammatory response. Increasing evidence suggests that integrins participate in these processes by responding and transmitting mechanical stresses across the plasma membrane (1–3). Physical forces sensed by integrins are transduced into intracellular chemical signals which, in turn, result in changes of cell behavior. These forces are developed during cell adhesion when integrins engage their respective ligands in the extracellular matrix. As cells attach, they pull on their surroundings, probing the rigidity of substrates. Therefore, the physical properties of extracellular matrices appear to represent the main signal used by integrins to alter the cellular responses. Indeed, although the molecular pathways are still only partially known, various cells sense and respond distinctly to soft versus rigid substrates (4–6). Adhesion-mediated sensing of substrates with varied rigidity is translated into the differential protein tyrosine phosphorylation and recruitment of signaling molecules to adhesion sites. For example, the sensing of rigidity is involved in remodeling of focal adhesions: cell adhesion to soft substrates results in the formation of diffuse and dynamic adhesion complexes while adhesion to rigid substrates produces stable focal adhesions (7). These observations indicate that signaling functions of ligand–integrin–cytoskeleton complexes are modified depending on the magnitude of forces exerted by rigidity of extracellular matrices. While the relationship between integrins and rigidity responses has been examined in various tissue cells, little is known about how integrins on blood cells respond to adhesive substrates with variable physical properties.

The matrices formed of plasma protein fibrinogen and its clotting product fibrin may represent important biological examples that illustrate how the physical properties of substrates control adhesion of blood cells. Fibrinogen and fibrin are the principal components of thrombi formed at sites of vascular injury. Furthermore, the presence of fibrinogen on implanted vascular grafts is the major factor of their biocompatibility (8). The fibrinogen substrates support attachment of platelets and leukocytes via integrins $\alpha_{IIb}\beta_3$ and $\alpha_M\beta_2$, respectively. Numerous in vitro examples have been described in which fibrin and fibrinogen immobilized on plastic (a mimic of fibrin) are highly adhesive for platelets and leukocytes (9, 10). In vivo, however,
fibrin clots do not support strong cell adhesion (11–14). Adhesive interactions of blood cells with fibrin in the circulation occur in the presence of high concentrations of plasma fibrinogen (≈2–4 mg/mL). By virtue of its ability to form complexes with fibrin and its capacity to self-associate, soluble fibrinogen can modify cell adhesion. Therefore, a layer of fibrinogen deposited on the surface of fibrin clots or implanted biomaterials can alter the adhesive properties of these substrates. Indeed, we have recently demonstrated that soluble fibrinogen is a potent inhibitor of integrin-mediated leukocyte adhesion to fibrin and surface-bound fibrinogen and provided evidence that fibrinogen reduces cell adhesion by binding to the fibrin(ogen) substrates (15). Accordingly, cells that engage this “fake” adhesive layer are not able to consolidate their grip when subjected to shear stress; subsequently, cells detach. Conversely, cells that adhere to intact untreated fibrin gel adhere firmly. The mechanisms underlying distinct properties of highly adhesive and antiadhesive fibrin(ogen) surfaces, however, are uncertain.

Taking into consideration the significant role fibrinogen and fibrin play in thrombus formation and thrombogenicity of biomaterials, we have examined the physical properties of fibrinogen matrices and their ability to support integrin αIIbβ3-mediated platelet adhesion and outside-in signaling. We show that binding of soluble fibrinogen to the surface of fibrin gel or its deposition at high density on various solid surfaces prevents platelet adhesion. Direct visualization of antiadhesive fibrinogen matrices by atomic force microscopy and analyses of their physical properties by force spectroscopy revealed that fibrinogen deposited at high density forms the multilayered material which is characterized by low adhesion forces. In contrast, immobilization of fibrinogen at low density produces a highly adhesive layer in which single molecules are directly attached to the solid surface and which sustains high rupture forces. In agreement with their distinct physical properties, the single-layer, but not multilayer, fibrinogen substrates induced strong platelet signaling and spreading. The data suggest that platelets sense the physical properties of fibrinogen substrates by adjusting their integrin αIIbβ3-mediated outside-in signaling which controls overall platelet adhesion and spreading.

MATERIALS AND METHODS

Proteins and Antibodies. Human thrombin and fibrinogen, depleted of fibronectin and plasminogen, were obtained from Enzyme Research Laboratories (South Bend, IN). Fibrinogen was treated with iodoacetamide to inactivate the residual factor XIII. Phenylalanylprolylarginine chlormethyl ketone (PPACK) and polyvinylpyrrolidone (PVP) were from Sigma (St. Louis, MO). Calcein AM was purchased from Molecular Probes (Eugene, OR). mAb AP3 directed against the β3 integrin subunit was from GTI (Brookfield, WI). Anti-talin mAb (clone 8D4) and normal mouse IgG were from Sigma (St. Louis, MO). The anti-Syk and anti-phospho-Tyr (PY20) mAbs were from Santa Cruz Biotechnology (Santa Cruz, CA). mAb 2G5 directed against the fibrinogen γC sequence 373–385 and polyclonal anti-skelelin antibody generated against recombinant skelelin fragment were described previously (16, 17). Zyrsofin-G was from Invitrogen (Carlsbad, CA), protein A-Sepharose was obtained from Amershamb Biosciences Inc. (Piscataway, NJ), and the Immobion P membrane was purchased from Millipore (Billerica, MA). Alexa Fluor 568 phallolidin was obtained from Invitrogen (Carlsbad, CA). Sodium metavanadate and sodium cacodylate were from Sigma (St. Louis, MO).

Adhesion Assays. Platelets were collected from fresh aspirin-free human blood in the presence of 2.8 µM prostaglandin E1 and isolated by differential centrifugation followed by gel filtration on Sepharose 2B as described (18). Adhesion assays were performed essentially as described previously (19). Briefly, the wells of 96-well polystyrene microtiter plates (Immulon 4HBX; Thermo-Labsystems, Franklin, MA) were coated with various concentrations of fibrinogen for 3 h at 37 °C and postcoated with 1.0% PVP for 1 h at 37 °C. Alternatively, fibrin gels were formed in siliconized Immulon 2 96-well format strips by mixing 100 µL aliquots of 1.5 mg/mL fibrinogen in HBSS with thrombin (0.15 unit/mL) for 2 h at 37 °C. After polymerization, the thrombin activity was quenched by addition of PPACK, and thrombin inactivation was verified with a chromogenic substrate S-2238. Platelets were labeled with 10 µM calcein for 30 min at 37 °C and washed twice with HBSS + 0.1% BSA. Aliquots (1 × 106/0.1 mL) of labeled platelets were added to each well. For inhibition experiments, the fibrin gels were incubated with different concentrations of soluble fibrinogen for 30 min at 37 °C, after which fibrinogen solutions were aspirated and platelets were added. After 50 min incubation at 37 °C, the nonadherent cells were removed by two washes with PBS. Fluorescence was measured in a CytoFluoR II fluorescence plate reader (Applied Biosystems, Foster City, CA).

Immunofluorescence. Glass coverslips were coated with two different concentrations of fibrinogen (2 and 20 µg/mL) for 3 h at 37 °C and blocked with 1% PVP for 1 h at 22 °C. Isolated platelets in Tyrode’s solution (3 × 107/mL) were allowed to adhere for 50 min at 37 °C, and nonadherent cells were removed by three washes with PBS. Adherent platelets were fixed for 10 min using 3.7% paraformaldehyde and then incubated with 0.1% Triton X-100 for 5 min to render them permeable. To detect the actin cytoskeleton, permeabilized cells were incubated with Alexa Fluor 568 phallolidin for 20 min at 22 °C followed by three washes with PBS. Samples were mounted with a droplet of Cytoseal 60 mounting medium, and platelets were viewed with a Leica DM4000B immunofluorescence microscope and analyzed by Leica Application Suite, Version 2.5.0.R1 software.

Immunoprecipitation. Platelets were added to the wells of 96-well microtiter plates coated with 2 or 20 µg/mL fibrinogen and allowed to attach for 15, 30, 60, 90, and 120 min at 37 °C. Alternatively, platelets were allowed to adhere to the intact fibrin gel or gels treated with soluble fibrinogen prepared as described above under Adhesion Assays. The nonadherent cells were removed, and adherent platelets were solubilized with a lysis buffer (20 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1% Triton X-100, 1 mM CaCl2, 1 mM PMSF, 100 µg/mL leupeptin, 10 mM benzamidine, and 1 mM sodium metavanadate) for 30 min at 22 °C. Control resting platelets kept in suspension in polysterene tubes were also lysed with a lysis buffer. After the removal of insoluble material by centrifugation at 12000g for 15 min, the lysates were incubated with 10 µg of normal mouse IgG and 50 µL of Zysorbin-G for 2 h at 4 °C. The supernatants were then collected by incubating with 50 µL of protein

1 Abbreviations: AFM, atomic force microscopy; PVP, polyvinylpyrrolidone; PBS, phosphate-buffered saline; HBSS, Hank’s balanced salt solution.
A–Sepharose overnight at 4 ºC. The immunoprecipitated proteins were eluted with SDS–PAGE loading buffer, electrophoresed on 7.5% SDS-polyacrylamide gels under nonreducing conditions, and analyzed by Western blotting. To detect the presence of selected proteins, Immobilon P membranes were incubated with anti-skeletal muscle alpha-actinin antibody (1:40000 dilution), anti-β3 polyclonal antibody (1:4000), anti-talin mAb (1:500), anti-FAK mAb (1:2000), anti-SYK mAb (1:200), and PY20 mAb (1:250) and developed using SuperSignal West Pico substrate (Pierce).

**Single Molecule Detection.** The amount of fibrinogen bound to the surface of glass coverslips was determined by single molecule fluorescence. Fibrinogen conjugated to Alexa Fluor 647 was purchased from Molecular Probes (Eugene, OR). Different concentrations of fibrinogen in PBS were spiked with fluorescently labeled fibrinogen (1:2000) and adsorbed on coverslips overnight at 4 ºC. Images were acquired using an Olympus IX70 inverted microscope equipped with an Olympus UPlanFl 100 × 1.3 NA oil immersion objective. An additional 1.25× magnification was used prior to the camera. The filter cube contained an excitation filter (Semrock FF01-640/14-25), an emission filter (Chroma 690/40), and a dichroic mirror (Chroma z647 rdc). For excitation, a Melles Griot 43 Series ion laser tuned to 647 nm was used. For all experiments, 100 mW of power prior to the microscope objective was used. Images were acquired with a Photometrics Cascade 512B camera using 10 MHz EM Gain 4× adjusted to 4095. Stacks of images were acquired for each field of view. Each frame represents 1 s of integration. For the analysis presented here, five frames were averaged to reduce noise. The number of fluorescently labeled fibrinogen molecules adsorbed on the surface was calculated by the developed algorithm. The algorithm identifies single molecules in a given fluorescence image of a surface.

**Atomic Force Microscopy (AFM) Imaging of Fibrinogen.** Different concentrations of fibrinogen (0.02–20 μg/mL) in PBS were deposited on freshly cleaved mica for 3 h at 37 ºC. Excess fibrinogen was removed by rinsing the samples with water. The samples were dried with argon gas, and images in air were acquired using an Agilent 5500 scanning probe microscope (Agilent Technologies, Chandler, AZ). A large-size scanner which allows measurements on areas up to 100 × 100 μm was used. Imaging was conducted in the amplitude modulation oscillatory mode using Si probes with stiffness in the 1–5 N/m range. The experimental parameters (small free amplitude in the 5–10 nm range and set-point amplitude close to free amplitude) were selected to perform a low-force operation which prevents sample damage. The scan rate was 0.6–1.2 Hz. Image analyses (cross section) were performed using Gwyddion 2.10 software.

The nanolithography procedure was performed to assess the thickness of fibrinogen layers adsorbed at 2, 5, and 20 μg/mL. To remove fibrinogen from the surface, the capability of the Agilent 5500 instrument to operate in the nanolithography mode was utilized. A sample area (2 × 2 μm) was scanned in the contact mode using a stiff probe. In this way, the adsorbed material was pushed away and a “window” formed. A step at the “window” edge which corresponds to the thickness of the fibrinogen layer was then imaged in the oscillatory mode.

**Force Spectroscopy.** Force–distance measurements were performed in PBS at room temperature using a MFP-3D AFM (Asylum Research, Santa Barbara, CA). Silicon nitride probes (MSCT; Veeco Probes, Camarillo, CA) with nominal spring constants in the range of 15–20 pN/nm were used for force measurements. The spring constants for each cantilever were measured using the MFP-3D’s built in thermal method. The surfaces coated with different concentrations of fibrinogen were probed using a force trigger of 1 nN and approach and retract velocity of 2000 nm/s. Between 1000 and 2000 force distance curves were collected for each surface. Each curve was analyzed by in-house software written in IGOR Pro 6 (Wavemetrics, Lake Oswego, OR), which calculates adhesion (pull-off) forces. The most probable adhesion forces were obtained from the maximum of the Gaussian fit to the force histogram. In order to examine the effect of fibrinogen, which might potentially adsorb on the tip during the collection of numerous force distance curves, control measurements with tips incubated for 3 h in 20 μg/mL fibrinogen were performed. When probing low- and medium-density fibrinogen surfaces with these modified tips, an initial phase characterized by the lower adhesion force events was observed. However, after this short phase, the system transitioned to a steady state characterized by the same adhesion distributions as when probing with a nonmodified tip. In the typical experiments, the low-density fibrinogen surfaces were measured first. As a control, the low-density fibrinogen surfaces were measured immediately after high-density samples. When measuring in this order, the same force distributions have been observed as when proceeding form low- to high-density substrates.

**Scanning Electron Microscopy.** Platelet adhesion to the intact fibrin gels or gels coated with soluble fibrinogen was performed as described under Adhesion Assays. Nonadherent platelets were removed by three washes with 0.1 M phosphate buffer (pH 7.4), and fibrin gels with adherent platelets were fixed in 2% glutaraldehyde containing 50 mM sodium cacodylate, pH 7.0, for 30 min at 22 ºC. The gels were rinsed three times with 0.1 M phosphate buffer (pH 7.4) and incubated with 1% osmium tetroxide in the same buffer for 15 min. After washing, the gels were dehydrated in a graded series of ethanol concentrations over a period of 1.5 h. The clots were critical point dried in liquid CO2, mounted on aluminum stubs, and then sputter-coated with platinum. The samples were observed in a Leica-Cambridge Stereoscan 360 FE scanning electron microscope (Bannockburn, IL).

**RESULTS**

**Effect of Coating Concentrations of Fibrinogen on Platelet Adhesion.** We previously reported that integrin-mediated leukocyte adhesion to immobilized fibrinogen exhibits a characteristic “peak”-like pattern: adhesion is maximal at low coating concentrations of fibrinogen and markedly decreases as the concentration increases (15). To investigate whether platelets exhibit the same behavior, integrin αIβ3-mediated platelet adhesion to various coating concentrations of fibrinogen was examined. Figure 1 shows that platelet adhesion was maximal at a low (∼2.5 μg/mL) coating concentration and then declined at higher concentrations. Surfaces coated with 20 μg/mL fibrinogen supported an ∼4-fold lower extent of adhesion than those coated with 2.5 μg/mL protein. The αIβ3-mediated adhesion of resting platelets to immobilized fibrinogen is mediated in part by the P3 site in the γC domain of fibrinogen (residues 370–382) (20). This sequence is poorly available in soluble fibrinogen and becomes exposed after immobilization of fibrinogen on various surfaces (16, 21). To examine whether P3 remains exposed in fibrinogen deposited at increasing concentrations, we have used mAb 2G5 which recognizes this sequence. Figure 1 shows that the P3 site was exposed in the range of fibrinogen concentrations (3–50 μg/mL) at which platelet adhesion began to sharply
decline. Thus, the decrease in platelet adhesion on the high-
density fibrinogen substrates is unlikely due to the masking of the
P3 site. Deposition of fibrinogen on other solid materials,
including mica and glass, produced a similar “peak”-like pattern
of platelet and leukocyte adhesion (not shown). Taken together
with previous findings, these results indicate that anomalous cell
adhesion to fibrinogen matrices does not depend either on the
topographical and adhesive properties of solid materials themselves, such as their roughness and/or rigidity. Nevertheless, the difference in adhe-
sion forces between the highly adhesive and low adhesive fibrinogen substrates adsorbed on these materials is very similar (~3- and 3.5-fold for mica and glass, respectively). When correlated with AFM images, the data indicate that adhesion forces are the highest when fibrinogen molecules are directly attached to the surface (0.7–0.9 μg/mL). Moreover, when fibrinogen density increases and the molecules self-associate to form a thick layer of material, there is a decline in the adhesion force. Thus, surfaces formed at low and high coating densities of fibrinogen differ in their topographical and adhesive properties. Most remarkable is the fact that the dependence of the most probable adhesion forces on various fibrinogen substrates closely recapitulates the “peak”-like pattern of cell adhesion.

**Platelet Spreading on Different Fibrinogen Substrates.** It is well-known that ligand engagement by integrins induces outside-in signaling manifesting in the recruitment of cytoplasmic molecules to the integrin cytoplasmic tails and in the cytoskeleton reorganization resulting in cell spreading. The difference in cell adhesion to fibrinogen coated at low and high densities suggests that these substrates may initiate differential outside-in signaling. To investigate this possibility, we initially examined platelet spreading on glass coverslips coated with two fibrinogen concentrations (2 and 20 μg/mL) as representative highly and poorly adhesive substrates, respectively. The number of platelets adher-
ent to fibrinogen adsorbed at low density was ~2.5-fold higher than that on high-density fibrinogen. This difference was not due to the abnormal adsorptive capacity of glass. Using single
molecule detection, we verified that deposition of fibrinogen on glass obeys a normal adsorption isotherm (Figure 4A). To determine cell spreading, platelets were allowed to adhere on fibrinogen-coated coverslips for 50 min at 37 °C. Cells were then fixed and stained with phalloidin, and actin stress fibers were visualized by immunofluorescence. As shown in Figure 4B, platelets adherent on a low-density fibrinogen were fully spread (upper panel), while those on a high-density fibrinogen remained round (bottom panel). Taken together, these observations indicate that platelet adhesion to fibrinogen surfaces displaying different physical properties induces differential platelet spreading.

**Differential Recruitment of Skelemin and Talin to the αIIbβ3 Cytoplasmic Tails during Platelet Adhesion to Fibrinogen Immobilized at Low and High Densities.** To investigate the possibility that differential cell spreading on various fibrinogen substrates results from differences in outside-in signaling, we examined recruitment of cytoplasmic molecules to αIIbβ3. We recently reported that platelet adhesion to immobilized fibrinogen induces unclasping of the cytoplasmic...
tails of integrin \( \alpha_{IIb}\beta_3 \) enabling binding of the cytoplasmic protein skelemin (17). Therefore, skelemin was used as a probe of the initial outside-in signaling in platelets adherent to different fibrinogen substrates. Platelets were allowed to adhere to microtiter wells coated with 2 and 20 \( \mu \)g/mL fibrinogen, and the amount of skelemin recruited to \( \alpha_{IIb}\beta_3 \) was determined by immunoprecipitation analyses using anti-\( \beta_3 \) mAb AP3 followed by Western blotting with anti-skelemin antibodies. As shown in Figure 5A (middle panel) and assessed by densitometry analyses (Figure 5B), platelet adhesion to fibrinogen coated at 2 \( \mu \)g/mL resulted in \( \sim \)4-fold higher levels of skelemin associated with \( \alpha_{IIb}\beta_3 \) compared to that on high-density fibrinogen.

Another cytoskeletal protein that interacts with the membrane-proximal \( \alpha_{IIb} \) and \( \beta_3 \) cytoplasmic segments involved in the clasp is talin (24). Therefore, the recruitment of talin to \( \alpha_{IIb}\beta_3 \) during cell adhesion to different fibrinogen substrates was examined. In the initial experiments, we demonstrated that talin does not associate with \( \alpha_{IIb}\beta_3 \) in resting platelets in suspension (Figure 5C; see a lane marked “0” in which talin is clearly absent in the complex with the integrin \( \beta_3 \) subunit) and is recruited to the integrin after the initiation of cell adhesion (Figure 5C, lanes 2–6). These data indicate that, similar to skelemin, talin interacts with the membrane-proximal segments of the \( \alpha_{IIb} \) and \( \beta_3 \) tails only after the initiation of adhesion. Association of talin with \( \alpha_{IIb}\beta_3 \) in platelets adherent to surfaces coated with 2 and 20 \( \mu \)g/mL fibrinogen was then compared. The amount of talin in complex with \( \alpha_{IIb}\beta_3 \) isolated from platelets adherent to low-density fibrinogen was \( \sim \)5-fold higher than that on high-density fibrinogen (Figure 5A, bottom panel, and Figure 5B). Thus, platelet adhesion to substrates formed by adsorption of low concentrations of fibrinogen results in significantly higher levels of skelemin and talin recruited to the \( \alpha_{IIb} \) and \( \beta_3 \) cytoplasmic tails than adhesion to high-density fibrinogen.

**Induction of Tyrosine Kinase Phosphorylation during Platelet Adhesion to Different Fibrinogen Substrates.** To further investigate the relationship of outside-in signaling in platelets and the properties of fibrinogen substrates, we examined phosphorylation of two tyrosine kinases, FAK and Syk. Both tyrosine kinases have been implicated in integrin outside-in signaling in platelets. Platelets were allowed to adhere for 50 min at 37 °C to dishes coated with 2 and 20 \( \mu \)g/mL fibrinogen. Nonadherent cells were removed, adherent platelets were lysed, and FAK was immunoprecipitated with anti-FAK specific monoclonal antibody. FAK phosphorylation was detected on

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**Figure 3:** Force spectroscopy analyses of fibrinogen deposited at various concentrations. (A) Retracting part of a representative force-distance curve obtained on mica coated with 0.6 \( \mu \)g/mL fibrinogen with a retract velocity of 2000 nm/s. The adhesion force is 244 pN. (B) Representative histograms with Gaussian fits of adhesion forces for selected (0.6 and 1.2 \( \mu \)g/mL) concentrations of fibrinogen deposited on mica under conditions described in Figure 2. (C) The most probable adhesion forces plotted as a function of fibrinogen coating concentration adsorbed on mica (left panel) and glass (right panel).

**Figure 4:** Morphology of platelets spread on various fibrinogen surfaces. (A) Adsorption of fibrinogen on glass coverslips was assessed by single molecule detection. Glass coverslips were coated with Alexa Fluor 647-conjugated fibrinogen (dilution 1:2000) for 3 h at 37 °C and rinsed with PBS, and the number of adsorbed fluorescent molecules was detected as described in Materials and Methods. Inset: A representative image of fluorescent fibrinogen molecules is shown. (B) Glass coverslips were coated with 2 \( \mu \)g/mL (upper panel) and 20 \( \mu \)g/mL (bottom panel) fibrinogen and postcoated with 1% PVP. Platelets were allowed to adhere and spread for 50 min at 37 °C. The cells were fixed, permeabilized, and stained with rhodamine-phalloidin for F-actin. Two representative fields of platelets spread on fibrinogen immobilized at two different coating concentrations are shown (magnification 40×). Insets: Enlarged images of representative cells are shown.
surfaces coated with 2 and 20 μg/mL fibrinogen. FAK was immunoprecipitated 30, 45, and 60 min after adhesion on not due to differences in the kinetics of protein phosphorylation. Observed after 50 min adhesion on two fibrinogen substrates was higher in platelets adherent to low-density (not shown). In additional studies, phosphorylation was assessed after adjusting for a total FAK protein bands. Data are expressed as a percentage of FAK and Syk phosphorylation in cells adherent to 20 μg/mL fibrinogen (gray bars) relative to that to 2 μg/mL (100%; black bars). Values are the means ± SE of three individual experiments.

Binding of Soluble Fibrinogen to Fibrin Clot Inhibits Platelet Adhesion. To explore a model which is more representative of physiological conditions, we examined whether soluble fibrinogen protects fibrin gels from platelet attachment. The fibrin gels were overlaid with solutions containing different concentrations of fibrinogen for 30 min at 37 °C, solutions above the gels were aspirated, and platelet adhesion was determined. As shown in Figure 7A, treatment of fibrin gels with fibrinogen inhibited platelet adhesion. At 500 μg/mL, added fibrinogen blocked adhesion by ∼75% compared to nontreated gels.

Next, to examine platelet spreading, platelets were allowed to adhere to either intact fibrin gel or gels coated with 1.0 mg/mL soluble fibrinogen. Cells were then fixed and examined using scanning electron microscopy. As shown in Figure 7B (upper panel), platelets adherent to intact fibrin gel were fully spread and exhibited numerous extended pseudopods protruding from the cell’s body. The morphology of platelets adherent to the gel coated with fibrinogen was markedly different and revealed cells that remained largely round, suggesting a low extent of their activation (Figure 7B, bottom panel).

Experiments were then performed to determine whether different levels of skelemin and talin associated with αIIbβ3 in platelets adherent to the intact fibrin gel or fibrin coated with fibrinogen. Figure 8A schematically depicts the surfaces to which platelets adhere. As shown in Figure 8B,C, significantly higher levels of skelemin and talin were detected in immune complexes obtained from platelets adherent to the intact fibrin gel as compared to those adherent to the layer of fibrinogen on the surface of fibrin (∼7- and 5-fold, respectively). In additional experiments, intact fibrin gels and fibrin coated with fibrinogen were used to obtain evidence for differential FAK and Syk phosphorylation. As shown in Figure 8D, significantly higher levels of phosphorylated FAK (∼5-fold) were detected in platelets adherent to untreated fibrin than to fibrin gels pretreated with fibrinogen. Likewise, platelet adhesion to untreated fibrin resulted in an ∼2-fold increase in phosphorylation of Syk compared to adhesion on fibrin covered with fibrinogen (Figure 8E).

Taken together, these observations suggest that binding of
soluble fibrinogen to fibrin renders the surface of the gel nonadhesive for platelets as a result of diminished cellular signaling.

DISCUSSION

In a previous study we demonstrated that binding of soluble fibrinogen to fibrin gels or its immobilization at high density renders the substrates nonadhesive for platelets (15). The present study extends these findings to platelets. We show that deposition of fibrinogen on various surfaces, including fibrin clots, reduces platelet adhesion. In conjunction with our previous report, the results presented here support the model that fibrinogen exerts its antiadhesive effect by modifying the substrates. Accordingly, deposition of fibrinogen as a multilayered material changes the physical properties of surfaces, transforming them into substrates with reduced adhesiveness. These alterations result in the reduced ability of platelet integrin $\alpha_{IIb}\beta_3$ to induce outside-in signaling, manifested in diminished tyrosine kinase phosphorylation and decreased recruitment of cytoplasmic proteins skelemin and talin to the $\alpha_{IIb}\beta_3$ cytoplasmic tails. Thus, the net result is the inability of surfaces formed of self-assembled fibrinogen to support firm cell adhesion and spreading. We suggest that binding of fibrinogen to fibrin clots or its deposition on the surface of biomaterials may play significant roles in control of adhesion and signaling of blood cells.
proposed that fibrinogen adsorbed at low density makes direct contact with the plastic surface and, therefore, binds firmly. In contrast, fibrinogen adsorbed at higher densities would not only bind to plastic but also form bonds with other fibrinogen molecules. Direct visualization of fibrinogen deposition using AFM imaging confirmed this proposal (Figure 2). The images of fibrinogen immobilized at low coating concentrations revealed individual molecules attached directly to mica. In contrast, adsorption of fibrinogen at high coating concentrations (>2 μg/mL) led to a high-level protein coverage and produced a thick layer of material (Figure 2B). Probing adhesive properties of these surfaces by force spectroscopy demonstrated that they are characterized by distinct adhesion forces, with the highest forces produced by a lower density fibrinogen. These data provide support for the idea that different adhesion forces generated by the low- and high-density fibrinogen substrates may be responsible for different cell adhesion.

Distinct physical properties of low- and high-density fibrinogen substrates closely correlated with their cell adhesive properties; i.e., low-density fibrinogen is highly adhesive while a multilayer substrate is not able to support firm adhesion. The greater cell adhesion on low-density fibrinogen appears to arise as a response to the resistance derived from the solid surface to which fibrinogen molecules are attached firmly. Hence, the substrate may not yield when cellular integrins pull on it. Conversely, material formed by deposition of high concentrations of fibrinogen, either directly on solid surfaces or as a coat on the surface of fibrin gels, may support low adhesion because this multilayered matrix cannot resist the cytoskeleton pulling and is likely to transmit low forces. At present, the molecular basis for the antiadhesive properties of high-density fibrinogen substrates is unclear, and further experiments are needed to address the relationships between mechanical and structural properties of various fibrinogen substrates and cell adhesion.

It appears that platelets sense and respond to the resistance of fibrinogen substrates by adjusting their adhesion through modulating the recruitment of cytoskeletal molecules, tyrosine kinase phosphorylation, and the state of their cytoskeleton. Previous studies identified several cytoplasmic molecules which interact with the cytoplasmic tails of αIIbβ3. Among them, skelemin is essential for the formation of initial integrin clusters and integrin-induced cell spreading (25). Another protein, talin, connects integrin cytoplasmic tails with actin cytoskeleton and participates in force sensing during adhesion (26, 27). We have recently demonstrated that the binding sites for skelemin in the membrane-proximal parts of αIIb and β3 cytoplasmic tails are cryptic and that the unclamping of tails during platelet adhesion results in their unmasking (17). The finding that talin does not associate with αIIbβ3 in resting platelets suggests that its binding site in the membrane-proximal segments of the αIIbβ3 cytoplasmic domain may also be hidden. The results further indicate that engagement of the fibrinogen (ogen) matrixes initiates the conformational change in the cytoplasmic domain of αIIbβ3 resulting in talin binding. Platelet adhesion to low-density fibrinogen as well as to intact fibrin was accompanied by a severalfold higher recruitment of skelemin and talin to the cytoplasmic domain of αIIbβ3 than adhesion to high-density fibrinogen or to fibrinogen bound to fibrin. Differential association of skelemin and talin with αIIbβ3 suggests that highly adhesive low-density fibrinogen substrate initiates the conformational change of a larger scale.

Growing evidence indicates that tyrosine kinases and phosphatases are directly involved in the force sensing mechanism (5, 28). Consistent with the role of signaling in sensing the physical properties of substrates, tyrosine phosphorylation of two selected kinases, FAK and Syk, was severalfold higher in platelets adhered to fibrinogen immobilized at low density and intact fibrin gels when compared to cells attached to high-density fibrinogen and fibrinogen-coated fibrin. Previous studies on epithelial cells and fibroblasts which exploited inert polycarboxamide gels with a thin coating of covalently attached collagen demonstrated that FAK was involved in sensing rigidity of gels (7, 29). The data presented here show that FAK phosphorylation is also involved in platelet responses to fibrinogen substrates showing different adhesion forces. In addition, the extent of Syk phosphorylation is regulated by the physical properties of fibrinogen substrates with more adhesive substrates eliciting stronger phosphorylation. Correlations have long been made between integrin outside-in signaling, including FAK activation, and increased cell spreading which, at the subcellular level, involves the actin cytoskeleton. The finding that platelets do not spread on fibrinogen surfaces that exhibit low adhesion forces suggests that these substrates limit the ability of platelets to spread by failing to induce sufficient signaling. The molecular pathways of force sensing in platelets remain unknown, and additional studies will be needed to identify the components of the force-sensing machinery assembled at the fibrinogen-αIIbβ3-cytoskeletal linkages.

The finding of the present work is consistent with previous studies by Jirouskova et al. (30). Using two concentrations (3 and 100 μg/mL) of immobilized fibrinogen, these authors demonstrated differential αIIbβ3-mediated signaling in platelets. However, their interpretation of this effect was different, i.e., that fibrinogen molecules are oriented vertically on the surface when immobilized at high density and horizontally at low density. Consequently, deposition of fibrinogen at low density results in exposure of new integrin binding sites contributing to the unique outside-in signaling whereas different integrin binding sites are exposed in fibrinogen oriented vertically. This proposal is based mainly on the differential reactivity of antibodies with fibrinogen immobilized at different densities (31). Our data demonstrated that at low density fibrinogen molecules were indeed deposited in the horizontal orientation. However, its immobilization at higher density (1.5–20 μg/mL) resulted in the formation of a multilayered material rather than a single layer of vertically oriented molecules. Although we cannot exclude the possibility that some molecules are packed in the vertical orientation, the majority of them seem to aggregate in a random orientation. Furthermore, our data indicated that exposure of P3, the binding site for αIIbβ3 in the γC domain of fibrinogen (19, 20), is not altered in the high-density fibrinogen substrates. On the basis of our analyses of adsorption of 125I-labeled fibrinogen (15), we have calculated that 1.7 × 1011 molecules can be adsorbed on the surface of a microtiter well at 2.5 μg/mL (a concentration that produces maximal cell adhesion). Assuming that one fibrinogen molecule occupies either 230 or 25 nm2 in the horizontal and vertical orientation, respectively, 1.3 × 1011 and 1.2 × 1012 molecules can bind per a well. Of the two numbers, the former is in close agreement with that found experimentally. Thus, the simplest interpretation of differential cell signaling, which is also supported by examples from other mechanosensitive integrin systems, is that αIIbβ3 may transduce different physical forces when platelets adhere to low- and high-density fibrinogen substrates. Further studies may help to define the contribution of different mechanisms to platelet adhesion on various fibrinogen (ogen) matrices.
The relationship between the physical properties of substrates and adhesion similar to that presented in this study has been found using various synthetic materials, including ECM-coated polycrylamide gels, layer-by-layer polymer assemblies, and microfabricated pillars (7, 32, 33, 28, 34). In contrast with these artificial surfaces, the system described in this study recapitulates the characteristics of natural fibrin(ogen) matrices produced in vivo. In the circulation, which has a high concentration of fibrinogen, the surface of fibrin clots is likely to have a coat of fibrinogen (35). Therefore, this matrix may control adhesion of blood cells by mediating different signaling responses. In this regard, numerous previous studies documented that the lumenal surface of blood clots formed in response to vessel injury rapidly becomes nonadhesive to further platelet accumulation (36, 12, 37). Since fibrin and fibrinogen continue to accumulate long after the recruitment of platelets ceases, it is tempting to speculate that the antiadhesive fibrinogen shell may limit thrombus growth under flow conditions. It is likely that the same natural antiadhesive mechanism consisting of the “fibrinogen shield” might protect fibrin clots from excessive leukocyte recruitment. Therefore, a continual feedback between platelet and leukocyte sensing of the physical properties of fibrin(ogen) matrices and their adhesion may regulate thrombus growth and its dissolution in normal hemostasis. Furthermore, the physical properties of fibrinogen matrices can change in disease, thereby altering cellular signaling and adhesion.

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